

Culture Project - Point of View

In order to understand other, social scientists often try to put themselves in others' "shoes", as it were. Do ONE the following and write down what you experienced according to the directions and prompt:

A matter of perspective:

1. Do **one** of the following:

A. Spend at least an hour doing what you normally do at home, except you must not get up from the ground. You may crawl or slide around, but you may not walk or get up on furniture. Start out on the floor. Imagine yourself as small child, baby, or little person-how does the world change? How accessible are things?

B. Wear a blindfold (please be careful! -have someone keep an eye on you!) or tie your hands behind your back for an hour. Get yourself something to drink or eat, change clothes, type a letter, etc.

C. Spend an hour in a wheelchair. Try to get around your house, get something to drink, eat, and try to get dressed without getting out of the chair.

Then: Write a journal in which you describe **your experience in detail and answer all the following questions in a thoughtful and thorough manner:**

1. What was frustrating?
2. What did you learn about yourself?
3. How did this activity change the way you look at things?
4. What does this tell you about how you might react to different situations, people, and cultures?
5. How did you feel while doing this?

Format:

This journal should be typed if possible, at least one page, and must answer **all** the prompts. You can number the questions and answer it or write it in paragraph form. Please make sure you are detailed and specific in your answers, and that you answer all the questions.

20 Points

